

Eastern Orthopaedic Association

NEWSLETTER

Bruce A. Monaghan, MD, Editor

Summer 2022



53rd Annual Meeting ☀ October 26-29, 2022 ☀ Ritz-Carlton Naples ☀ Naples, FL



IN THIS ISSUE

President's Message	p. 2	2022 Presidential Guest Speaker	p. 5
Board of Directors Listing	p. 2	2022 EOEJ Howard Steel Lecturer	p. 5
Connect with Us on Social Media	p. 2	Scientific Program Highlights	p. 6
In Memory of Dr. Lamar Fleming	p. 3	Eastern Orthopaedic Education Foundation	p. 6
Come Join the Fun	p. 4	Resident & Fellow Award Recipients	p. 7
Program Chair's Message	p. 5	Future Meetings	p. 7

Eastern Orthopaedic Association

2021-2022 Board of Directors

President

Amar S. Ranawat, MD
New York, NY

First Vice President

Kevin D. Plancher, MD
New York, NY

Second Vice President

John P. McConnell, MD
Arlington, VA

Immediate Past President

Marc J. Levine, MD
Princeton, NJ

Secretary

Richard M. Wilk, MD
Boston, MA

Treasurer

Joshua A. Baumfeld, MD
Peabody, MA

Historian

John D. Kelly IV, MD
Philadelphia, PA

Membership Chair

Adam J. Rana, MD
Falmouth, ME

Program Chair

Neil P. Sheth, MD
Philadelphia, PA

Members-at-Large

Thomas R. Bowen, MD
Danville, PA

Cynthia L. Emory, MD
Winston-Salem, NC

Michael Ast, MD
Paramus, NJ

Managing Director
Scott D. Boden, MD
Atlanta, GA

PRESIDENT'S MESSAGE

Amar S. Ranawat, MD



Dear Colleagues, Friends and Family,

The Eastern Orthopaedic Association is excited to host our 2022 Annual Meeting in Naples, FL from October 27th to 29th at the beautiful Ritz-Carlton Hotel.

Program Chair Neil Sheth, MD has worked tirelessly to put together an outstanding program. Over 1,000 academic abstracts were reviewed, and we would like to congratulate those researchers who were accepted to present! The symposia we have planned feature nationally recognized clinical leaders presenting state-of-the-art options for managing orthopaedic ailments, as well as ways to navigate the ever-changing medical landscape.

The EOA Resident Review course continues to be a great resource, not only for residents but for anyone who would like a didactic update on core orthopaedic knowledge. The EOEf/EOA Named Resident Travel Grant and Award programs continue to grow, largely as a result of the generous support of our membership. This year, the EOA/EOEF will award over 20 travel stipends to the authors submitting top abstracts. We are pleased to announce that the EOA has selected the Orthopaedic Department from Albany Medical Center to be our special guests.

We are proud to welcome philanthropist Andrew Sabin, who will present the Howard Steel Lecture. Andrew is an entrepreneur, environmentalist, philanthropist, cyclist, and fisherman who will entertain us with his wild stories of giving-back.

Reinhold Schmieding will serve as the EOEf Presidential Guest Speaker. Reinhold needs no introduction in the world of orthopaedics as the Chairman and CEO of Arthrex, Inc. based in Naples.

Finally, many thanks to my wife Andrea, who together with the Social Committee has drawn upon the vast resources of Naples to create events that will keep members, guests and families smiling throughout the Meeting with golf, tennis, sun, fishing and maybe even a few guns!

So, grab your Hawaiian shirts, your thirst for knowledge and of course your appetite for collegiality, and consider joining us in Naples for an exceptional scientific program and social itinerary that will excite clinicians and their families, alike.

Respectfully,

Amar Ranawat

Amar S. Ranawat, MD
President of Eastern Orthopaedic Association

Connect With Us On Social Media



In an effort to stay connected and up to date with EOA, please follow us on Twitter @EOAOrtho on Instagram @EasternOrthopaedicAssoc and on Facebook @EasternOrthopaedicAssn

The EOA Mission

The purpose of the EOA shall be to promote, encourage, foster and advance the art of science and orthopaedic surgery and matters related thereto, and to establish a forum for free discussion and teaching of orthopaedic methods and principles among the members.

IN MEMORY

Lamar L. Fleming, MD

Dr. Lamar Lafayette Fleming passed away peacefully early Sunday morning August 14, 2022 with his beloved wife of 53 years, Sally Hurt Fleming, at his bedside. His passing is a result of his struggle with COVID and Parkinson's disease. Dr. Fleming was born January 21, 1939 in Augusta, Georgia where he spent his boyhood. He graduated from the University of Georgia in 1961, a member of Phi Beta Kappa, received the distinguished alumni award in 2011 and remained devoted to his Bulldogs his entire life. After college he attended the Medical College of Georgia where he was selected to the AOA honor society. He was a veteran of the US Navy, serving as a Naval Flight Surgeon, obtaining the rank of Lieutenant Commander.

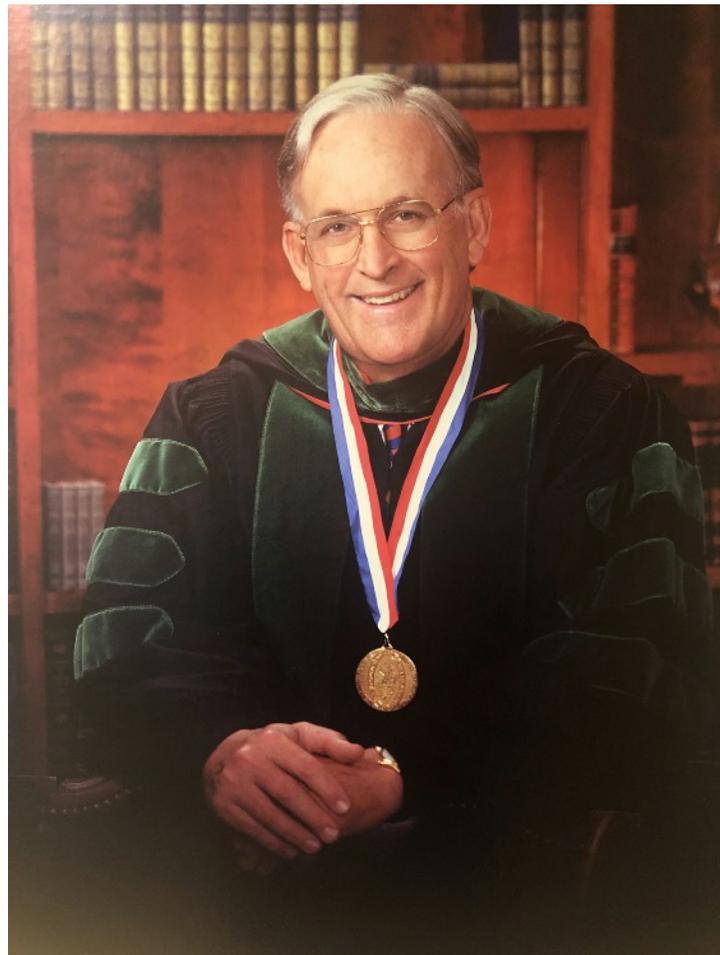
Following an internship in Internal Medicine at Parkland Hospital in Dallas, Texas Dr. Fleming completed his Orthopedic Surgery residency at Duke University. He was a fellow at Shriners Hospital for Children and Duke. He was recruited to join the Emory University School of Medicine faculty where he launched a thirty-two year distinguished career as an Orthopedic Surgeon and educator. He was an excellent surgeon most recognized for his clinical expertise in hand and foot surgery. During his 15 year tenure as Department Chair (1987-2002) he recruited talented faculty and guided the Emory Orthopedic Department through significant growth in size and national prominence. He received the Emory Distinguished Medical Achievement Award in 2012. Throughout his career he held multiple leadership positions in local (President of Atlanta Orthopaedic Society), state (President of Georgia Orthopaedic Society), regional (President of Eastern Orthopaedic Association and Southern Orthopaedic Association), and national (President of the American Orthopaedic Foot and Ankle Society) organizations.

Dr. Fleming was devoted to his family, his faith, and his patients. Lamar and his wife Sally Hurt Fleming have two lovely daughters, Anne Ridley Fleming and Sarah Sibley Fleming, who are always at the center of their lives. Dr. Fleming was a role model for work-life balance long before it was a popular topic. He never met a stranger and cherished his colleagues and residents. He believed that everyone within the four walls of the hospital played an important role in the overall care of the patient, from the maintenance staff to the surgeons, and he loved them all.

Perhaps his greatest legacy was as a mentor to countless trainees during his long professional career as a surgeon and a teacher. Dr. Fleming was a larger than life personality and although he was a tough disciplinarian when called for, he was also caring, concerned and encouraging. His residents knew him as a father figure to whom they could always turn for guidance not only for tough orthopedic problems but also for hurdles in their personal lives. "Dr. Fleming" stories are always told whenever there is a gathering of his former residents and faculty. He was respected and loved by all, will be deeply missed, but his legacy and impact will live on through those whose lives he touched.

Dr. Fleming's remains will be laid to rest by his family in Augusta, GA. A religious service celebrating his life will be held on Friday, September 16, 2022, 2:00 p.m., at St. Paul's Anglican Church in Greenville, SC, with a reception to follow.

In lieu of flowers, memorials may be made to Greenville Area Parkinson Society, P.O. Box 6505 Greenville, SC 29609, www.gapsonline.org or St. Paul's Anglican Church, 304 E. Camperdown Way, Greenville, SC 29601.



COME JOIN THE FUN

The Eastern Orthopaedic Association's 53rd Annual Meeting is October 26-29, 2022 at The Ritz-Carlton in Naples, Florida. For detailed information on the Meeting, view the Preliminary Program and the complete Tentative Scientific Program go online at www.eoa-assn.org.

The Ritz-Carlton, Naples is a prime resort location on Florida's storied Gulf Coast with awe-inspiring Gulf of Mexico vistas throughout the hotel. Celebrating the sunset is more than simply tradition, it's a treasured moment - one of many at this luxury hotel. Other remarkable experiences include the impeccable views that accompany a masterful round of golf or relaxing and enjoying the five-star service of the staff. There is also a world-class spa and a complimentary fitness center.

Tours and activities are being planned for all to enjoy at the meeting. The meeting will kick off with a Welcome Dinner at the pool and end with the always enjoyable EOA Jazz Band Reception and Dinner. As usual there will be a spouses/guest hospitality area, daily early bird walks, golf and a book discussion. There will also be a children's party Friday and Saturday night, so parents can participate in the evening meeting events.

SOCIAL COMMITTEE

Andrea Ranawat
Emily Ast
Lynne-Anne Schow
(Baumfeld)
Mary Boden
Kelly Bolognesi
Heidi Bowen
Allen Emory
Hala Labib

Lynne McConnell
Jill Plancher
Christie Rana
Dana Ranawat
Cindy Richards
Ellen Westrich
Susan Wilk

The EOA Annual Meeting is one of the leading meetings for orthopaedists practicing in the East. The Scientific Program being developed by the Program Committee is the most ambitious yet and will include timely reviews of practice-related procedures and clinical research findings in orthopaedic surgery through nationally recognized speakers and abstract presentations.

To register for the Meeting, visit www.eoa-assn.org.

Thursday, October 27

Spouse/Guest Hospitality

Enjoy a continental breakfast with old friends and new. Introduction to Mahjong & Party Bridge, all levels welcome.



Segway Tour

Think you've done and seen most everything in Naples? Well, think again! See the natural beauty and learn the history of Old Naples. It's easy, safe, and more fun than you can imagine!

Welcome Dinner

Have a wonderful evening with family and friends, enjoying the sunset by the pool with delicious food and drinks.

Friday, October 28

Spouse/Guest Continental Breakfast & GOO GOOs!

Enjoy a continental breakfast featuring the Howard Steel Speaker, Andrew Sabin.



Deep Sea Fishing

Enjoy a new custom designed 40-foot Sea Hawk with a shaded fishing deck. Captain Allen will go out between 8 and 20 miles into the Gulf to fish for grouper, snapper, and other seasonal species.

Backwater Fishing

Enjoy a 4 hour fishing trip through the backwaters of Southwest Florida. Whether you've never picked up a rod or are a master angler, this is a great trip for you.



Golf Tournament at Naples Tiburón Black

Naples Tiburón Black Course is consistently rated among the top 20 golf facilities in Florida. Prizes for longest drive, closest to the pin and winning foursome.

Tennis Clinic at Tiburón-Ritz Carlton Tennis Complex

Coach Bartos' enthusiasm and professionalism not only makes your tennis game better but makes tennis a better game for you!

Saturday, October 29

Spouse/Guest Hospitality with Book Discussion

Enjoy a continental breakfast with old friends and new. The book discussion *Flight Behavior* by Barbara Kingsolver begins at 9:30 am.



Beach Shelling Cruise

Cruise through Naples Bay and Port Royal on this narrated tour. You'll also hop off and spend an hour on one of the beautiful local beaches.

Shooting Range

Whether you are a first-time shooter or a skilled marksman, join this shooting experience with your EOA friends.

Jazz Reception/Founders Dinner Dance

You're in for an exciting night, beginning with music from none other than our own EOA Jazz Band. Let your hair down and have some fun with your friends and colleagues while enjoying a fabulous band, dinner and drinks, and don't forget to bring your dance moves!

PROGRAM CHAIR'S MESSAGE

Neil P. Sheth, MD



Dear Fellow EOA Member,

We are excited to host the Eastern Orthopaedic Association's 53rd Annual Meeting, from October 26-29, 2022 at the Ritz Carlton Hotel in Naples, FL. President Amar Ranawat, the EOA Board and I invite you to join us for a top-notch educational experience with your colleagues. In addition, Dr. Ranawat and his wife, Andrea, have put together an incredible list of activities unique to Naples to share with your friends and family.

The last two years have been a trying time for all of us. We were fortunate to have an outstanding Meeting last year in Nashville, and we are looking forward to seeing everyone in person again this year in Naples. We recognize that the health and safety of our registrants remains critical for our Meeting to be successful. To create the safest environment possible, we will be mandating vaccinations for all attendees and guests with proof at registration. Mask wearing will be optional for all of the scientific programs.

This year's Academic Program, approved for 17.25 continuing education credits (CMEs), includes a long list of distinguished speakers, as well as five symposia covering critical orthopaedic topics from which we can all benefit; six General Sessions, including our Presidential and guest speakers; Resident Award-winning paper presentations and messages from our colleagues at the AAOS, ABOS, and OREF; ten Concurrent Sessions for deeper dives into subspecialty topics; 30 Rapid Fire paper sessions; our annual Orthopaedic Review Course; and a symposium geared to medical students transitioning to residency.

We are looking forward to seeing the almost 300 original paper and poster presentations across all orthopaedic subspecialties (chosen from over 1,000 abstract submissions), and to acknowledge the 32 that were chosen for awards. We are lucky this year to be joined by Reinhold Schmiedling, President and CEO of Arthrex, Inc., as the Presidential Guest Speaker, and our Howard Steel Lecturer philanthropist Andrew Sabin. On Saturday, our Orthopaedic Review Course boasts nine high-yield subspecialty lectures.

I would be remiss to not offer a special thank you to John McConnell and Anil Ranawat for creating an incredible partnership with our industry sponsors. Special thanks as well to our industry sponsors, including our Platinum Sponsors – Arthrex, Inc., and Smith + Nephew, Inc.; Gold Sponsors – Cervos Medical, Heron Therapeutics, and Pacira Biosciences; Bronze Sponsors – Breg and Covenant Physician Partners; Copper Sponsors – ConvaTec, MicroPort Orthopedics, Inc., OrthAlign, Inc., Pivot MedTech, Shukla Medical, Stryker Orthopaedics, Surgeons Capital Management, and Total Joint Orthopedics. We could not achieve the academic mission of the organization without them.

Lastly, I want to thank Dr. Amar Ranawat and his family, the entire Board of Directors, all of the presenters who have agreed to speak, and my wife, Roxanne Sheth, for her help and support to make this Meeting a reality. We are excited to see everyone for another outstanding educational event!

Sincerely,
Neil P. Sheth, MD

PRESIDENTIAL GUEST SPEAKER

Reinhold Schmiedling



The EOA is pleased to have Reinhold Schmiedling as the 2022 Presidential Guest Speaker. As Founder and President of Arthrex, Reinhold has led the development of over 15,000 surgical devices and implants for less invasive orthopedic surgery the past 40 years, with over 150 product and method patents. As a technology pioneer in arthroscopic surgery, Reinhold developed some of the first instruments for arthroscopic knee and shoulder surgery in the early 1980s with leading orthopedic surgeons from Europe and North America.

Arthrex remains a private company without outside investors solely dedicated to its mission of Helping Surgeons Treat Their Patients Better™ with a team of over 7,000 employees worldwide. Over 90 percent of Arthrex products are designed and manufactured in the U.S. with over 1,000 new products introduced to the market each year. Arthrex is recognized as the leading product innovator in orthopedics.

In 2020, Reinhold was awarded the Edison Innovation award as one of the leading innovators in the U.S. from the Thomas Edison Society as well as the Circle of Honor Award from AOSSM for his contributions to sports medicine innovation and medical education.

PROGRAM COMMITTEE

The Eastern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contribution to the development of the Scientific Program:

Neil P. Sheth, MD, Chair
Joshua A. Baumfeld, MD
Elizabeth B. Gausden, MD, MPH
Michael J. Kaplan, MD
John P. McConnell, MD
Kevin D. Plancher, MD, MPH
Vani J. Sabesan, MD

EOEF HOWARD STEEL LECTURER Andrew Sabin



The EOA is pleased to welcome Andrew Sabin as the 2022 Howard Steel Lecturer. Mr. Sabin is actively engaged with community, environmental, and medical initiatives around the world. In 2008, seeking to make his philanthropy more impactful, he established the Andrew Sabin Family Foundation (ASFF). This foundation makes more than 200 grants each year focusing on the environment, preservation of amphibian and reptile species, as well as major efforts in cancer and genetic research at Memorial Sloan Kettering Cancer Center.

In 2015, through an endowment, he established the Andrew Sabin Family Fellows, a fellowship program at MD Anderson which encourages innovation and impactful cancer research. Then in early 2021, through his foundation, he established the Sabin Program Fund at the Vagelos College of Physicians and Surgeons, Department of Urology and the Andrew Sabin Family Foundation Cardiovascular Research Laboratory Fund at Columbia University Irving Medical Center.

Mr. Sabin's passions are his family, the environment, bicycling and fishing.

SCIENTIFIC PROGRAM HIGHLIGHTS

Thursday, October 27, 2022

SPECIAL PRESENTATION 1

Orthopaedic Care in the Developing World

RAPID FIRE SESSION 1A-1E

Foot & Ankle, Spine, Hand & Wrist, Total Joint and Tumor

SYMPOSIUM 1

Tackling Health Disparities

SYMPOSIUM 2

Professional Team Sports Physician

GENERAL SESSION 1

EOEF Presidential Guest Speaker

RAPID FIRE SESSION 2A-2E

Trauma, Basic Science, Sports Medicine, Total Joint and Shoulder & Elbow

SYMPOSIUM 3

Total Joint

CONCURRENT SYMPOSIUM 1A-1B

Anterior Cruciate Ligament Reconstruction (Sports), Debate: WALANT (Wide Awake Local Anesthesia No Tourniquet) Hand Surgery

CONCURRENT SESSION 2A-2B

Spine & Tumor

CONCURRENT SESSION 3A-3B

Shoulder and Elbow, Foot and Ankle

E-POSTERS

(Presenters Available before and after the Scientific Program.)

Friday, October 28, 2022

SPECIAL PRESENTATION 2

The Pivot to a "Specialist Led Care" Environment

CONCURRENT SESSION 4A-4B

The Doctor Called Out Sick: Health Dangers Doctors Face, Orthopaedic Trauma in Teens and Pre-Teens: Cased-Based Symposium

RAPID FIRE SESSION 3A-3E

Total Hip, Spine, Pediatrics, Practice Management / Other and Sports Medicine

SYMPOSIUM 4

Healthcare Policy & How it May Affect Your Practice

GENERAL SESSION 2

Howard Steel Lecture

RAPID FIRE SESSION 4A-4E

Total Knee, Hand & Wrist, Trauma, Upper Extremity and Foot & Ankle

BIO SKILLS LAB

RESIDENT COURSE

E-POSTERS

(Presenters Available before and after the Scientific Program.)

The complete EOA Scientific Program is available on the EOA Website at eoa-assn.org.

Saturday, October 29, 2022

DEPARTMENT CHAIR & RESIDENCY

PROGRAM DIRECTORS MEETING (Invitation only)

SPECIAL PRESENTATION 3

The Payer Language - What Then, What Now, What's Next

RAPID FIRE SESSION 5A-5E

Shoulder & Elbow, Foot & Ankle, Sports Medicine, Spine and Total Hip

GENERAL SESSION 3

EOEF Resident Award Papers

GENERAL SESSION 4

Presidential Address, BOC Report, OREF Report, AAOS Report, ABOS Report & Outstanding Service Award

RAPID FIRE SESSION 6A-6E

Pediatrics, Trauma, Shoulder & Elbow, Hand & Wrist and Total Knee

GENERAL SESSION 5

New Jersey Orthopaedic Society Session

OITE REVIEW COURSE

E-POSTERS

(Presenters Available before the Scientific Program.)



EASTERN ORTHOPAEDIC EDUCATION FOUNDATION

Contributions for the Eastern Orthopaedic Education Foundation (EOEF) are strong and continue to grow. Every year the EOEF provides funds to EOA for educational projects at the Annual Meeting and opportunities for Residents and Fellows.

To donate your tax-deductible contribution to the EOEF, simply send your check to the EOEF today. Make checks payable to EOEF and mail to EOEF, 110 West Road, Suite 227, Towson, MD 21204.

We appreciate your continued support of the EOEF and would like to thank you for your generosity this past year. If you haven't contributed to EOEF previously, please start this year and make it an annual tradition.

Membership Benefit

EOA and Arthrex have partnered to bring you FREE access to



Surgical Outcomes System

2022 RESIDENT/FELLOW AWARD RECIPIENTS

Congratulations to the following 2022 EOA Resident/Fellow Award Recipients. The award papers will be presented during the Scientific Program in Naples, FL.

EOEF Founders' Award

Culture Results Cannot Always Be Relied on During Revision TJA
Graham S. Goh, MD, Rothman Orthopaedic Institute

EOEF Ranawat Award

Determining Space Occupation and Position of the S1 and S2 Nerves Within Sacral Foramen
Phillip E. Ross, MD, Albany Medical Center

EOEF John D. & Marie S. Kelly Shoulder Award

Does Increased Radiographic Glenohumeral Offset Affect Outcomes in a Lateralized RTSA?
G. Jacob Wolf, MD, Medical University of South Carolina

EOEF Parvizi Musculoskeletal Infection Award

Plasma D-Dimer: A Promising Marker to Guide Timing of Reimplantation
Saad Tarabichi, MD, Rothman Orthopaedic Institute

EOEF Richmond Arthroscopy/Sports Medicine Award

Minimum 10-Year Follow-Up Outcomes and Survivorship following Primary Hip Arthroscopy with Acetabular Microfracture
David R. Maldonado, MD, American Hip Institute

EOEF Resident Awards

What is the Effect of Extended Trochanteric Osteotomy Closure Technique on Femoral Stem Subsidence?
Leonardo Albertini-Sanchez, BA, Hospital for Special Surgery

Percutaneous Thread Carpal Tunnel Release: A Prospective Multicenter Analysis
Erik B. Gerlach, MD, Northwestern University

Failed Same Day Discharge for Total Joint Arthroplasty in a Socioeconomically Disparate Community
Hemant Reddy, MD, Montefiore Medical Center

EOEF Resident Guest Program Award

Treating Hepatitis-C Prior to Total Hip Arthroplasty is Cost-Effective: A Markov Analysis
Afshin A. Anoushiravani, MD, Albany Medical Center

Cynthia Lichtefeld Resident/Fellow Travel Grant Award

Is Distal Clavicle Excision Associated with Worse Outcomes after RTSA?
Ajay C. Kanakamedala, MD, NYU Langone Orthopedic Hospital

EOEF/OREF Resident Travel Grant Awards

2-Stage Revision for Periprosthetic Infection in Shoulder Arthroplasty: An Institutional Experience
Daniel E. Goltz, MD, MBA, Duke University

Patient Specific Emailed Discharge Instructions Improve Patient Satisfaction after Arthroscopy
Adam J. Santoro, DO, Rowan SOM - Inspira Health

Improved Pain and Function after TTC Fusion with a Custom Cage
Tara Gaston Moncman, DO, Thomas Jefferson University / The Rothman Institute

EOEF Resident Travel Grant Awards

Fast-Track Discharge for Revision Total Joint Arthroplasty: Predictors of Prolonged Length of Stay
Mohamed Albana, DO, Inspira Health Network

Use of Custom Glenoid Components for Reverse Total Shoulder Arthroplasty
Punyawat Apiwatanakul, MD, Johns Hopkins University

Higher Odds of 2-Year Revision Rates following Hemiarthroplasty when Compared to Reverse Total Shoulder Arthroplasty for Proximal Humeral Fractures
Suresh K. Nayar, MD, George Washington University School of Medicine and Health Sciences

Bariatric Surgery Prior to Elective Shoulder Arthroplasty
Thomas Soussou, MD, Rutgers New Jersey Medical School

“Critical Criteria” Recommendations for Return to Sport After ACL Reconstruction
Robby Turk, MD, MBA, Atrium Health Musculoskeletal Institute

Extended Postoperative Antibiotics for Total Joint Arthroplasty: A Systematic Review
Dennis Vanden Berge, MD, University of Miami

Future Meetings



53rd Annual Meeting
October 26-29, 2022
The Ritz-Carlton Naples
Naples, FL



54th Annual Meeting
October 25-28, 2023
The Belmond Charleston Place
Charleston, SC

HAVE A STORY TO INCLUDE IN THE NEWSLETTER?

Please send it to Heather Skinner at hskinner@datatrace.com.





Eastern Orthopaedic Association
110 West Road, Suite 227
Towson, MD 21204

Register Today

53rd Annual Meeting
October 26-29, 2022
Naples, FL

