

Eastern Orthopaedic Association

NEWSLETTER

Elizabeth A. Martin, MD, ScM, Editor

Fall 2024 Issue



55th Annual Meeting ☀️ October 16-19, 2024 ☀️ Palm Beach, FL



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Eastern Orthopaedic Association

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PRESIDENT'S MESSAGE

John P. McConnell, MD



Dear Colleagues and Friends,

The Mission of the Eastern Orthopaedic Association (EOA) is to promote, encourage, foster and advance the highest quality and most cost-effective practice in orthopaedic surgery. THE EOA establishes a forum for practicing orthopaedic surgeons to update their knowledge and awareness of new techniques, treatment methods and devices available for patient care, teaching and research using the most appropriate educational methods.

I am humbled and honored to serve as the 54th President of the EOA. The Annual Meeting this year will be held at the luxurious Breakers in Palm Beach, Florida from October 16th to 20th. Our Program Chair, Dr. Cynthia Emory, has worked tirelessly to put together an outstanding program. Over 1,000 abstracts have been reviewed, and I offer my congratulations to those researchers who are accepted to present! The planned symposium feature nationally-recognized clinical leaders presenting state-of-the-art options for treating orthopaedic ailments and emerging information on the ever-changing landscape of orthopaedic surgery.

The EOA Resident Review Course serves as a great resource not only for residents, but anyone wishing for a didactic update on core orthopaedic knowledge. The EOEF/EOA named Resident Travel Grant and Award program continues to grow, due to generous support of our membership. This year we will award over 20 travel stipends. Once again, we are proud to host the New Jersey Orthopaedic Society who will contribute a valuable symposium to the program. We will also welcome the Ruth Jackson Society as a guest this year.

I am proud to welcome as our Presidential Guest Speaker a man who needs no introduction to the EOA, Jay Parvizi, MD. He served as Past President of the EOA, recent President of AAHKS and is a Professor of Orthopaedic Surgery at the Sidney Kimmell School of Medicine. Dr. Parvizi is also a world-renowned expert in Prosthetic Joint Infections.

Our Howard Steel lecture will be presented by the Pulitzer Prize winning author and world-famous World War II historian Rick Atkinson. He has worked as a journalist for *The Washington Post*, and has reported extensively on the first Gulf War. His trilogy written in the European theater of World War II is the most comprehensive ever written on the subject. Mr. Atkinson is presently writing a trilogy on the Revolutionary War.

Many thanks to my wife Lynn who together with the Social Committee has drawn upon the vast cultural resources of Palm Beach to create events that will keep members, guests and families smiling throughout the meeting. Some of the planned activities include a driving tour of Palm Beach, Kayaking, Paddle Board, golf, tennis, a food tour, and a bike tour along with several others. I am sure that the children will enjoy the pool and beach as well as the Children's Movie Party with dinner.

The EOA's family culture is unlike any other orthopaedic organization. We expect a large attendance, so please register early and secure your hotel accommodation. We hope you can join us at The Breakers for an exceptional Scientific Program and social itinerary that should not be missed!

Warm regards,

John McConnell

John P. McConnell, MD
President of Eastern Orthopaedic Association

The EOA Mission

The purpose of the EOA shall be to promote, encourage, foster and advance the art of science and orthopaedic surgery and matters related thereto, and to establish a forum for free discussion and teaching of orthopaedic methods and principles among the members.

REGISTER FOR THE 55TH ANNUAL MEETING

The EOA 55th Annual Meeting is October 16-19, 2024, at The Breakers in Palm Beach, Florida. For detailed information on the Meeting, view the Preliminary Program and the complete Tentative Scientific Program online at www.eoa-assn.org.

One of America's most iconic resorts, The Breakers is an Italian Renaissance-style hotel situated on 140 acres of oceanfront property on the island of Palm Beach, Florida. Founded in 1896 by magnate Henry M. Flagler, and still in the hands of his heirs today, this legendary destination continues to thrive independent of chain affiliation.

Inspired by the magnificent Italian villas of the 1400s (specifically the Villa Medici in Rome), The Breakers Mediterranean-style architecture features an eight-story palace by the sea with sun-filled North and South Loggias, iconic Twin Belvedere Towers and graceful arches throughout. The lushly landscaped 1,040-foot, palm-lined main drive leads to the resort's Florentine Fountain, modeled after the Boboli Gardens in Florence. The hotel's breathtaking lobby is influenced by the Great Hall of the Palazzo Carrega in Genoa (circa 1560).

The Breakers offers ten restaurants that range from casual beachfront to stylishly sophisticated. It has a world-class private beach club with four pools, six whirlpool spas, 25 poolside bungalows and a variety of on-site watersports. In addition, there are two 18-hole golf courses, 10 Har-Tru tennis courts, a world-class indoor/outdoor spa, an oceanfront fitness center, 13 signature boutiques, an al fresco shopping plaza and a Family Entertainment Center.

To register for the Meeting visit www.eoa-assn.org. The Breakers is full but there is an alternate hotel available on the EOA website for your convenience.



SCIENTIFIC PROGRAM HIGHLIGHTS

Thursday, October 17, 2024

CONCURRENT SYMPOSIA 1A-1B

Periprosthetic Hip and Knee Fractures: Tips, Pitfalls & Bailouts

Current Topics in Sports

GENERAL SESSION 1

Preoperative Optimization

RAPID FIRE SESSION 1A-1E

Adult Reconstruction, Hand, Spine, Foot and Ankle, and Health Economics and Social Determinants of Health

GENERAL SESSION 2

Award Abstract Presentations

GENERAL SESSION 3

In the Hot Seat

GENERAL SESSION 4

Presidential Guest Speaker: Dr. Javad Parvizi

GENERAL SESSION 5

ABOS, OREF Report & AAOS Updates

RAPID FIRE SESSION 2A-2E

Adult Reconstruction, Practice Management, Trauma, Sports & Tumor, Infection and Basic Science

CONCURRENT SYMPOSIA 2A-2B

Trainees: Preparing for What's Next

Early Career Panel: What You Need to Know About the First Three Years in Practice

CONCURRENT PANEL 2C-2D

Mid- and Late-Career Panel: Career Transitions

APP Panel

GENERAL SESSION 6

Sports Medicine and AI

CONCURRENT SYMPOSIA 3A-3B

Shoulder Instability: Pearls and Pitfalls

Lower Extremity Trauma: Pearls and Pitfalls

E-POSTERS & SELF-DIRECTED LEARNING

(Presenters Available before and after the Scientific Program.)

Friday, October 18, 2024

GENERAL SESSION 7

OREF Legacy in the EOA

RAPID FIRE SESSION 3A-3E

Adult Reconstruction, Sports Medicine, Pediatric, Shoulder and Elbow & Practice Management/Education

GENERAL SESSION 8

Subspecialty Updates: Top Five Things You Can't Miss on Call

CONCURRENT SYMPOSIUM 4A-4B

The Geriatric Trauma Patient

Technology Applications for Preoperative Planning in Upper Extremity and Foot and Ankle

GENERAL SESSION 9

Howard Steel Lecturer: Rick Atkinson

FPA RESIDENT PROGRAM

E-POSTERS & SELF-DIRECTED LEARNING

(Presenters Available before and after the Scientific Program.)

Saturday, October 19, 2024

CONCURRENT SYMPOSIA 5A-5B

Hip Arthroplasty

Spine

SYMPOSIUM 6

Practice Management

RAPID FIRE SESSION 4A-4E

Pain Management in Adult Reconstruction and Trauma, Shoulder / Sports Medicine, Technology and Biomechanics, Academic Medicine – Research & Education and Trauma

GENERAL SESSION 10

The Business of Medicine

SYMPOSIUM 7

Hand and Upper Extremity: The Injured Athlete

GENERAL SESSION 11

Presidential Address: Dr. John P. McConnell

RAPID FIRE SESSION 5A-5E

Complications in Orthopaedics, Advocacy, Upper Extremity, Foot and Ankle & Spine

SYMPOSIUM 8

Social Media and My Practice

E-POSTERS & SELF-DIRECTED LEARNING

(Presenters Available before and after the Scientific Program.)

The complete EOA Scientific Program is available on the EOA Website at eoa-assn.org.



2024 PROGRAM CHAIR MESSAGE

Cynthia L. Emory, MD, MBA

Dear Fellow EOA Member,

On behalf of the Eastern Orthopaedic Association, welcome to our 55th Annual Meeting and welcome to Palm Beach! For 2024 we return to one of our organization's favorite locations, the Breakers, from October 16th – 19th.

In addition to a fantastic Scientific Program (with over 17 CME credits available), we have great activities lined up for you and your family including water sports, tennis and golf, a "Palm Beach Experience" driving tour and a trip to Loggerhead Marinelife Center. Our Social Committee, led by Lynn McConnell, has created an exceptional offering of events throughout the weekend culminating on Saturday night with our Founders' Dinner featuring the EOA Jazz Band.

The Academic Program features symposia on current topics in areas such as sports medicine, periprosthetic fractures, preoperative optimization, AI and controversial cases. We have new Break-out Sessions that focus on early, mid and late-career surgeons, as well as a Session specifically for advanced practice providers. As always, the Program will feature multiple "Rapid Fire" Sessions, which highlight the latest research from our region in five minutes or less. It's a great way to learn about many new topics in a condensed format, and see some of our rising stars from the east coast. This year we received over 1,100 abstracts, and the EOA is proud to feature over 300 speakers and moderators (representing every state on the east coast and more than 50 medical schools and practices).

The EOA's Annual Meeting is a great place to build new relationships and strengthen existing ones, and this year we're proud to partner with the Ruth Jackson Orthopaedic Society as our Guest Specialty Society and the New Jersey Orthopaedic Society as our Guest State Society.

Your 17.25 CME credits can be obtained through attendance at our diverse symposia, Rapid Fire Sessions and poster presentations, and we will have computer stations available for EOA members to help obtain your required self-assessment exam questions as part of your maintenance of certification. In addition to CME credit, we are offering specialized training sessions in conjunction with some of our industry partners – Stay tuned for more information on these opportunities.

I'm grateful to our EOA President Dr. John McConnell, the Program Committee, the EOA's Board of Directors, Data Trace Management Services, and our industry sponsors for the support in making this year's meeting one to remember. I'm looking forward to seeing you at the Breakers in October!

Sincerely,

Cynthia L. Emory, MD, MBA
Program Chair, Eastern Orthopaedic Association

SELF-ASSESSMENT EXAM

We are very pleased to bring this educational tool to our Members and Annual Meeting participants. The SAE is designed to help you assess your knowledge in comparison with other orthopaedic surgeons, no matter how many years you've practiced or your level of specialization. The results of your SAE should direct you toward areas of study that will lead to professional improvement.

The SAE is in compliance with the ABOS requirements and provides 10 AMA PRA Category 1 Credits™ for your Maintenance of Certification (MOC). To receive your 10 credits, you must take and submit the scored and recorded exam online. After completing the exam, you will submit an evaluation and receive feedback, the correct answers, commentary and references, as well as acknowledgement by email that you have completed the exam and your certificate. We hope that you will find it informative and useful in furthering your clinical knowledge.

The SAE is free for Members and \$95 for non-Members. **There will be computers available at the Annual Meeting to take your SAE but you need to pre-register to participate.**

2024 PROGRAM COMMITTEE

The Eastern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contribution to the development of the Scientific Program:

Cynthia L. Emory, MD, MBA, Chair
Michael P. Ast, MD
Elizabeth A. Martin, MD, ScM
Adam J. Rana, MD
Arjun Saxena, MD, MBA
Richard Wilk, MD

NEW JERSEY ORTHOPAEDIC SOCIETY



The New Jersey Orthopaedic Society continues its collaboration with the Eastern Orthopaedic Association's Annual Meeting as the guest state society. This year NJOS has put together a Sports Medicine and AI Session that will be Thursday afternoon and includes three different speakers.

Future Meetings



56th Annual Meeting
October 15-18, 2025
The Ritz-Carlton Naples Beach Resort
Naples, FL

HAVE A STORY TO INCLUDE IN THE NEWSLETTER?

Please send it to Heather Skinner at hskinner@datatrace.com.

SOCIAL ACTIVITIES AT THE ANNUAL MEETING

The Eastern Orthopaedic Association's Social Committee has worked closely with the EOA Board to make the 55th Annual Meeting an enjoyable and memorable one for all who attend. The meeting is October 16th through 19th at The Breakers in Palm Beach, FL.

Highlights of the Tours and Activities during the meeting include the following:
 Afternoon Tennis | Palm Beach Experience Driving Tour | Downtown West Palm Beach Food Tour
 Golf Tournament at Ocean Course | Kayak/Paddleboarding (Available Complimentary)
 Palm Beach Bike Tour | Loggerhead Marinelifelife Center

The following are free to all registered attendees of the conference:
 Spouse/Guest & Child Hospitality with guest speakers and a book discussion | Beach Walks
 Welcome Dinner | New Member Reception | Exhibitor Reception | Children's Movie Night with
 Dinner and Crafts on Friday and Saturday so that parents are free to attend the evening events.

The Meeting will be brought to an end with an unforgettable Saturday evening Gala. The EOA Jazz Band will start the festivities during the reception, followed by a spectacular dinner. There will be plenty of dancing to the music by The Max Band.

2024 EOA SOCIAL COMMITTEE

Lynne McConnell	Marla Lemos
Emily Ast	Robin Levine
Lynne-Anne Schow (Baumfeld)	Jill Plancher
Christine Barchick	Christie Rana
Em Barden	Dana Ranawat
Mary Boden	Brian Rosenberg (Martin)
Heidi Bowen	Claire Saxena
Allen L. Emory	Roxanne Sheth
Marie Kelly	Ellen Westrich
Hala Labib	Susan Wilk

Thursday, October 17

Spouse/Guest Hospitality

Enjoy a continental breakfast with old friends and new. Hear from a local historian!

Afternoon Tennis

The Breakers courts are under renovation during this time - Tennis will be off-property at a nearby location. Shuttle service is provided by The Breakers.



Palm Beach Experience Driving Tour

South Ocean Boulevard is one of the most scenic streets in Palm Beach with its rolling waves, coconut palms and many architecturally impressive homes.

Welcome Dinner

Have a wonderful evening with family and friends, enjoying the sunset by the pool with delicious food and drinks.

Friday, October 18

Spouse/Guest Continental Breakfast

Enjoy a continental breakfast featuring the Howard Steel Speaker, Pulitzer Prize Winning journalist and author, Rick Atkinson.



Downtown West Palm Beach Food Tour

Join us on a culinary journey through the heart of Downtown West Palm Beach! Dive into the vibrant flavors of South Florida, uncover hidden gems, and explore the city's rich history – all in one unforgettable gastronomic adventure.

Golf Tournament on the Ocean Course

Come enjoy an afternoon of golf on the Ocean Course at the Breakers. A rich variety of contours, shapes and depths, along with all new salt-tolerant grass and unique water features bring the Ocean Course to an exciting new level.

Saturday, October 19

Spouse/Guest Hospitality with Book Discussion

Enjoy a continental breakfast with old friends and new, followed by a book discussion of *We Band of Angels* by Elizabeth Norman.



Palm Beach Bike Tour

A guided two-hour bicycle tour features water views, tree canopies, and the mega mansions the island is famous for. Your ride will be filled with tales and information from a friendly local insider.



Loggerhead Marinelifelife Center

Enjoy a guided tour of the Loggerhead Marinelifelife Center, one of Florida's most visited non-profit scientific destinations focused on ocean and sea turtle conservation.

Jazz Reception/Founders' Dinner Dance

You're in for an exciting night, beginning with music from none other than our own EOA Jazz Band. Let your hair down and have some fun with your friends and colleagues while enjoying a fabulous band, dinner and drinks, and don't forget to bring your dance moves!

2024 RESIDENT/FELLOW AWARD RECIPIENTS

Congratulations to the following 2024 EOA Resident/Fellow Award Recipients. The award papers will be presented during the Scientific Program in Palm Beach.

EOEF Founders' Award

Liposomal Bupivacaine Supraclavicular Nerve Blocks for Post-operative Analgesia in Upper Extremity Surgery
Samantha N. Weiss, MD, St. Luke's University Health Network

EOEF Ranawat Award

Smaller Width Quadriceps Tendon Grafts Maintain Advantageous Biomechanical Properties
Richard C. Lee, MD, Walter Reed National Military Medical Center

EOEF John D. & Marie S. Kelly Shoulder Award

Patient Factors Impacting Length of Stay after Total Shoulder Arthroplasty
Taylor R. Wood, MD, Wake Forest University School of Medicine

EOEF Parvizi Musculoskeletal Infection Award

Effects of GLP-1 Agonist Therapy in Primary Total Joint Arthroplasty
Michael F. Levidy, MD, Penn State Health Milton S. Hershey Medical Center

EOEF Richmond Arthroscopy/Sports Medicine Award

Does the Use of a Tourniquet Influence Five-Year Outcomes following Total Knee Arthroplasty? Results of a Randomized Controlled Trial
Braden V. Saba, BA, NYU Langone Health

EOEF Young Investigator Award

Tranexamic Acid During Total Joint Arthroplasty: Safety in Renal Disease
Joshua Rozell, MD, NYU Langone Health

Cynthia Lichtefeld Resident/Fellow Travel Grant Award

Quantifying Influence: The Orthopaedic PAC's Impact Explored through Analysis of FEC Data
Vidushan Nadarajah, MD, Howard University Hospital

EOEF/OREF Resident Travel Grant Awards

MRI Prediction of Five-Strand Hamstring Autograft Diameter for ACL Reconstruction
Jack M. Ayres, MD, Prisma Health/University of South Carolina School of Medicine

Preoperative GLP-1 Agonists Utilization for Morbidly Obese Patients Undergoing THA
Billy Kim, MD, Duke University

Cervical Pedicle Inlet Screw Fixation: A Biomechanical Analysis of Newly Described Partial Pedicle Fixation Compared to Lateral Mass and Traditional Cervical Pedicle Screw Fixation
Robby Turk, MD, MBA, Atrium Health Carolinas Medical Center

EOEF Resident Travel Grant Awards

Efficacy and Safety of a Patient Selection Tool at Predicted Discharge at an Ambulatory Surgical Center: A Pilot Study
Lucas Bartlett, DO, Northwell Health

Prognostic Factors for Failure after Primary Arthroscopic Anterior Stabilization
Stephanie A. Boden, MD, University of Louisville

Arthroscopic vs. Subpectoral Biceps Tenodesis Leads to Equivocal MCID
Dylan N. Greif, MD, University of Rochester Medical Center

Closed-Incision Negative-Pressure Therapy after Revision Total Hip and Knee Arthroplasty
Johannes M. Herold, MD, Hospital for Special Surgery

Noise Exposure In Foot and Ankle Surgery and Risk of Noise Induced Hearing Loss
Adam Kohring, DO, Jefferson Health New Jersey

Medical Malpractice Litigation Following Treatment of Hip Fractures
Martinus Megalla, MD, University of Connecticut

Long-Term Follow-Up Outcomes on Modular Dual Mobility Total Hip Arthroplasty
Nicolina Zappley, BA, Rothman Orthopaedic Institute

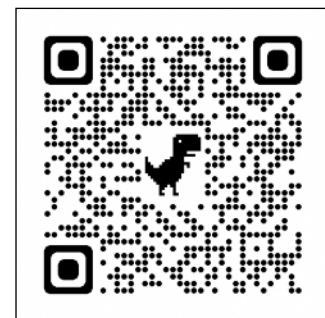
EASTERN ORTHOPAEDIC EDUCATIONAL FOUNDATION



Contributions for the Eastern Orthopaedic Educational Foundation (EOEF) are strong and continue to grow. Every year the EOEF provides funds to EOA for educational projects at the Annual Meeting and opportunities for Residents and Fellows.

To make your tax-deductible contribution to the EOEF, please scan the QR code, go to www.eoa-assn.org/eoef or simply mail your check to the EOEF today. Make checks payable to EOEF and mail to 110 West Road, Suite 227, Towson, MD 21204.

We appreciate your continued support of the EOEF and would like to thank you for your generosity this past year. If you haven't contributed to EOEF previously, please start this year and make it an annual tradition.



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Register Today

55th Annual Meeting
October 16-19, 2024
Palm Beach, FL

