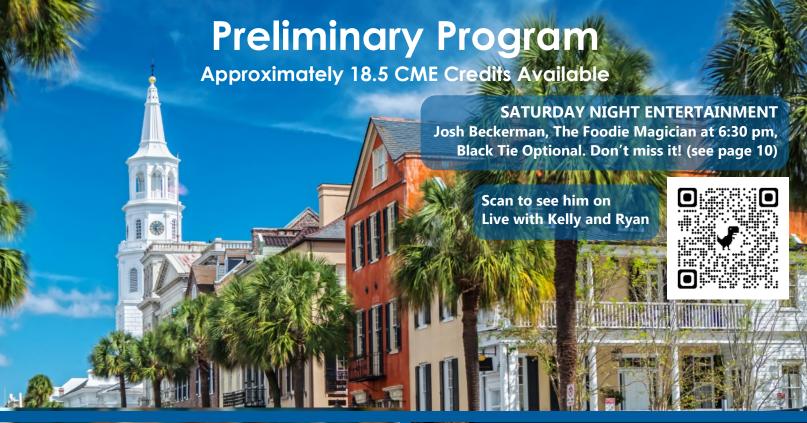


# Eastern Orthopaedic Association 54th Annual Meeting

October 25-28, 2023 ♦ The Charleston Place ♦ Charleston, SC

SPECIAL GUESTS: Delaware Society of Orthopaedic Surgeons, New Jersey Orthopaedic Society & North Carolina Orthopaedic Association

Resident Guest Program: Atrium Health / Carolinas Medical Center





**EOEF PRESIDENTIAL GUEST SPEAKER**Bill Walton



**HOWARD STEEL LECTURER**Aron Lee Ralston









## **Accreditation Information**

#### **2023 PROGRAM COMMITTEE**

The Eastern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contribution to the development of the Scientific Program:

Michael P. Ast, MD, Chair Cynthia L. Emory, MD Elizabeth B. Gausden, MD, MPH Elizabeth A. Martin, MD, ScM John P. McConnell, MD Vani J. Sabesan, MD Neil P. Sheth, MD Megan R. Wolf, MD

#### **MISSION**

The Eastern Orthopaedic Association (EOA) was established in 1970 under the leadership of Howard H. Steel, MD and 12 other prominent orthopaedic surgeons. Its purpose is to promote, encourage, foster and advance the highest-quality and most cost-effective practice in orthopaedic surgery and matters related thereto, by providing an educational format for the free discussion and teaching of orthopaedic methods and principles among surgeons (both Member and non-Member) and to establish a forum for practicing orthopaedic surgeons to update their knowledge and awareness of new techniques, treatment methods and devices available for patient care, teaching and research using the most appropriate educational methods.

#### **TARGET AUDIENCE**

The 54th Annual Meeting of the Eastern Orthopaedic Association has been developed primarily for orthopaedic surgeons.

## **CME ACCREDITATION**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Eastern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this EOA Annual Meeting, October 26-28, 2023 to be held in Charleston, SC for a maximum of 18.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- \* 14 CME Credits for Scientific Program
- \* 4.5 CME Credits for Scientific E-Poster Sessions

#### **CEC CREDIT**

Physician Assistants can receive up to 18.5 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category I CME credit for the Physician's Recognition Award from organizations accredited by the ACCME.

#### **PURPOSE**

 To provide participants with an objective, unbiased educational experience that will enable them to remain current in both the knowledge



## President's Message Kevin D. Plancher, MD, MPH

Please consider attending the 54th EOA Annual Meeting, at the Charleston Place Hotel, Charleston, SC, October 25-28, 2023.

Program Chair Michael Ast, MD is creating an extraordinary program featuring world class educators who will share their expertise in open forums to include debates on contemporary clinical issues.

The Social Committee has drawn upon the wonderful native resources of Charleston to provide a social agenda of morning, daytime and evening activities that will appeal to all. Be sure to bring your significant other and children of all ages who will find plenty to do.

EOA prides itself on its educational mission and dedication to the growth of academic orthopaedic residents. The annual Resident Review Course, open to all, has drawn accolades from those who attend and has become a staple of this meeting.

Most importantly is the "family culture" that is unlike any other orthopaedic organization. So come join us for a rigorous academic meeting while enjoying your family and colleagues at a wonderful venue.

Sincerely,

Kevin Plancher

Kevin D. Plancher, MD, MPH
President, Eastern Orthopaedic Association





## EOEF Presidential Guest Speaker Bill Walton



The EOA is pleased to welcome William Theodore Walton, III as the 2023 EOEF Presidential Guest Speaker. Mr. Walton is an American television sportscaster and former professional basketball player. He played college basketball for coach John Wooden and the UCLA Bruins, winning three consecutive national college player of the year awards (1972–1974), while leading UCLA to NCAA championships in 1972 and 1973 and an 88-game winning streak. After being selected as the first overall pick in the 1974 NBA draft, Walton led the Portland Trail Blazers to an NBA championship in 1977, earning the NBA Finals Most Valuable Player Award that season. He won another NBA title with the Boston Celtics in 1986. Walton was inducted

into the Naismith Memorial Basketball Hall of Fame in 1993. He was named to the NBA's 50th and 75th anniversary teams.

Walton's early career in the National Basketball Association (NBA) was very successful, winning the 1978 NBA Most Valuable Player (MVP) and an NBA championship with the Portland Trail Blazers, for which he was also named Finals MVP. However, his professional career began to be significantly hampered by multiple foot injuries requiring numerous surgeries. Walton sat out the 1978–79 season and was then signed by the San Diego Clippers (now Los Angeles Clippers), for whom he played four injury-plagued seasons. His career was rehabilitated during two seasons with the Boston Celtics at the end of his career. Playing as a backup center behind Robert Parish, Walton earned the NBA Sixth Man of the Year Award in the 1985–86 season, winning his second championship that same season.

After retiring from the NBA, Walton overcame stuttering and embarked on a second career as a sportscaster, working both as a studio analyst and color commentator, mostly for ESPN, with stints for several other networks and teams. He earned an Emmy Award in 1991. Walton is a noted fan of the Grateful Dead, as a self-described "Deadhead", and often mentions them in his broadcasts. He has hosted several podcasts and satellite radio programs featuring the music of the Grateful Dead.

## Howard Steel Lecturer Aron Lee Ralston



The EOA is pleased to have Aron Lee Ralston as the 2023 Howard Steel Lecturer. Mr. Ralston is an American mountaineer, mechanical engineer, and motivational speaker, known for surviving a canyoneering accident by cutting off part of his right arm.

On April 26, 2003, during a solo descent of Bluejohn Canyon in southeastern Utah, he dislodged a boulder, pinning his right wrist to the side of the canyon wall. After five days, he had to break his forearm in order to amputate

it with a dull pocket knife to break free, make his way through the rest of the canyon, rappel down a 65-foot (20 m) drop, and hike 7 miles (11 km) to safety.

The incident is documented in Ralston's autobiography **Between a Rock and a Hard Place** and is the subject of the 2010 film **127 Hours** where he is portrayed by James Franco.

After the accident he continued mountaineering and became the first person to ascend all of Colorado's fourteeners solo in winter.

## Accreditation Information continued

- and practical elements of contemporary orthopaedic surgery.
- To provide participants with a detailed, indepth education of selected topics relevant to the practice of orthopaedic surgery.
- To allow participants to assess potential deficiencies in their knowledge base pertaining to the practice of orthopaedic surgery.
- To present ample opportunities for participants to exchange ideas with the presenters, the faculty and other enrollees through paper presentations, guest lectureships, symposia, multimedia educational sessions and poster exhibits.

#### OBJECTIVES

Educational objectives will be met through a combination of paper presentations, lectures and workshops in plenary, concurrent and specialty sessions with ample time afforded for open discussion. The following objectives will be addressed during the Scientific Program, such that at the conclusion of this course the attendees will be expected to:

- Improve their diagnostic, treatment and technical skills in the management of orthopaedic afflictions by assimilation of scientific advances.
- 2. Discuss basic science paradigms as they relate to treatment advances.
- 3. Understand some of the basic principles in practice management.
- Critically assess emerging trends in orthopaedic medicine and evaluate their evidence basis.

#### **DISCLAIMER**

The products, procedures and opinions presented at this meeting reflect the viewpoint or approach of the presenter only and are not to be attributed to the Eastern Orthopaedic Association. The Eastern Orthopaedic Association presents such material for informational purposes only and does not endorse any such product or the content of any such presentation.

### **FORMAT**

The educational sessions will be held October 26-28, 2023, from 6:30 am - 5:00 pm on Thursday, 6:30 am - 12:30 pm on Friday and 7:00 am - 5:00 pm on Saturday.

## **SCIENTIFIC E-POSTER SESSIONS**

Scientific E-Posters are an important feature of the EOA Annual Meeting. E-Posters will be on display each day of the Scientific Program and E-Poster presenters will be available to answer questions before and after the Scientific Program sessions. Please note on the Scientific Program Schedule the designated times that the E-Poster presenters will be available for discussion.

### PHYSICIAN REGISTRATION FEE

Registration covers the Scientific Program, syllabus, E-Poster sessions, daily continental breakfasts and coffee breaks, general meeting expenses, the Welcome Dinner, Exhibitor Reception and the Jazz Band Reception / Founders' Dinner Dance.

## Scientific Program | Thursday, October 26 Presenters, dates and times are subject to change.

6:00 am - 6:30 am Scientific E-Poster Session (Presenters will be available William C. McGarvey, MD, UT Physicians Orthopedics James A. Nunley, MD, Duke University to answer questions) 6:30 am - 6:45 am First Business Meeting 7:34 am - 8:04 am **Focused Breakfast Presentation** \*CMF Credit Not Available 6:45 am - 6:50 am Welcome, Introduction of Program & General Session 1 - The Great Debates: Sports & Shoulder **Announcements** Michael P. Ast, MD, Program Chair Moderators: John D. Kelly IV, MD, University of Pennsylvania & Robert L. Parisien, MD, Mount Sinai Health System Concurrent Symposia 1A - Current Controversies in Hip & Knee Arthroplasty Moderators: Thomas P. Sculco, MD, Hospital for Special Surgery & H. Del Schutte 8:04 am - 8:18 am Debate #1: The Irreparable RTC Tear in a 65-Year-Jr., MD, Charleston Institute for Advanced Orthopedics Old Lawyer Pro: Superior Capsular Reconstruction: It's Not Dead 6:50 am - 6:58 am Outpatient Arthroplasty: 12 Cases by 12 Noon – Buckle Your Seatbelts Srinath Kamineni, MD, University of Kentucky Charles A. DeCook, MD, Advanced Center for Joint Con: Reverse TSA Gets You Back to Work Fast: It's the Surgery Better Answer 6:58 am - 7:06 am Technology in Joint Replacement: Don't Be Left Behind Joseph A. Abboud, MD, Rothman Orthopaedic Institute David J. Mayman, MD, Hospital for Special Surgery 8:18 am - 8:26 am Rebuttal / Discussion & Audience Q&A 7:06 am - 7:18 am Debate: 65-Year-Old with OA Knee Needing a TKA 8:26 am - 8:36 am Feature Guest Lecture - The Importance of Pro: Agree with the CDC Guidelines for Antibiotics in Advocacy Adam J. Rana, MD, Maine Medical Center Primary Arthroplasty Javad Parvizi, MD, FRCS, Rothman Orthopaedic Institute Symposium 2 - The Great Debate Moderator: David J. Mayman, MD, Hospital for Special Surgery Con: See You in the Courtroom: The Cost of Keflex is \$2.12 – My Patients Need Longer-Duration Antibiotics 8:36 am - 8:48 am 73-Year-Old Active Female with an Early Perito Avoid an Infection prosthetic Fracture of the Femur, 3 Weeks Post-Op Wayne E. Moschetti, MD, Dartmouth Hitchcock Medical Pro: Didn't You See Her Bone Quality? She Needed a Center Cemented Hip Audience Q&A & Discussion with Case Presentations Joseph Moskal, MD, Carilion Clinic Moderators: Thomas P. Sculco, MD, Hospital for Special Surgery & H. Del Schutte Con: You Just Need to Know How to Press Fit and Use Jr., MD, Charleston Institute for Advanced Orthopedics an Uncemented Hip 7:18 am - 7:34 am Panel: H. Del Schutte Jr., MD, Charleston Institute for Advanced Charles A. DeCook, MD, Advanced Center for Joint Orthopedics Surgery 8:48 am - 9:01 am Rebuttal / Discussion David J. Mayman, MD, Hospital for Special Surgery Wayne E. Moschetti, MD, Dartmouth Hitchcock Medical 9:01 am - 9:35 am **BREAK - Please visit Exhibits** Center **General Session 2 – Award Abstract Presentations** Javad Parvizi, MD, FRCS, Rothman Orthopaedic Institute Moderators: Henry A. Backe, Jr., MD, Orthopaedic Specialty Group & Amar S. Kevin D. Plancher, MD, MPH, Albert Einstein College of Ranawat, MD, Hospital for Special Surgery 9:35 am - 10:25 am Abstract Presentations Arjun Saxena, MD, MBA, Rothman Orthopaedic Institute 10:30 am - 11:15 am Rapid Fire Session 1A - 1F Thorsten M. Seyler, MD, PhD, Duke University General Session 3 - Presidential Address Frank R. Voss, MD, Medical University of South Carolina Moderator: Michael P. Ast, MD, Hospital for Special Surgery 6:45 am - 6:50 am Welcome, Introduction of Program & 11:20 am - 11:25 am Introduction of the Presidential Address **Announcements** John P. McConnell, MD, OrthoVirginia Kevin D. Plancher, MD, MPH, President 11:25 am - 11:55 am **Presidential Address** Concurrent Symposia 1B - Controversies in Foot & Ankle Surgery Kevin D. Plancher, MD, MPH, Albert Einstein College of Moderators: Peter Mangone, MD, Advent Health & Selene Parekh, MD, MBA, Medicine Rothman Orthopaedic Institute General Session 4 - ABOS Update, OREF Report & AAOS Town Hall Meeting 6:50 am - 6:58 am Triple Arthrodesis for Flatfoot Moderator: Kevin D. Plancher, MD, MPH, Albert Einstein College of Medicine Steven Haddad, MD, Illinois Bone & Joint Institute **ABOS Update** 11:55 am - 12:00 pm 6.58 am - 7.06 am Operative vs. Nonoperative Management of Achilles David Martin, MD, American Board of Orthopaedic Tendon Tears: How I Choose Surgery William C. McGarvey, MD, UT Physicians Orthopedics **OREF Report** 12:00 pm - 12:05 pm 7:06 am - 7:14 am Total Ankle Replacement vs. Ankle Fusion: Treatment Thomas P. Sculco, MD, Hospital for Special Surgery for OA of the Tibiotalar Joint 12:05 pm - 12:20 pm AAOS Town Hall: The Role of Population Health in James A. Nunley, MD, Duke University Today's Ortho World Audience Q&A & Discussion with Case Presentations Annunziato (Ned) Amendola, MD, Duke University Moderators: Peter Mangone, MD, Advent Health & Selene Parekh, MD, MBA, 12:20 pm - 1:05 pm **Focused Lunch Presentation** Rothman Orthopaedic Institute \*CME Credit Not Available 7:14 am - 7:34 am 1:10 pm - 1:55 pm Rapid Fire Session 2A - 2F Steven Haddad, MD, Illinois Bone & Joint Institute

Kenneth J. Hunt, MD, University of Colorado

Concurrent Symposium 3A – Innovations in Spine Surgery Moderator: Marc J. Levine, MD, RWJ / Barnabas Rutgers Health Care System		4:33 pm – 5:00 pm	Panel: Michael P. Bolognesi, MD, Duke Orthopaedics	
2:00 pm – 2:08 pm	Overcoming Obstacles in Cervical Spine TBD	Scott A. Sigman, MD, OSA Orthopaedics  Concurrent Symposium 4B – The Great Debates & Commentaries in Orthopaedic Trauma  Moderators: David E. Asprinio, MD, Westchester Medical Center, Lisa K. Cannada, MD, Novant Health & Elizabeth B. Gausden, MD, MPH, Hospital for Special Surgery		
2:08 pm – 2:20 pm	Mini-Debate: Open vs. MIS Lumbar Spine			
	Pro: Open Surgery Andrew H. Milby, MD, Emory University			
	Pro: MIS with a Robot Sheeraz Qureshi, MD, Hospital for Special Surgery	3:45 pm – 3:53 pm	Commentary #1: Operative Treatment of Jones Fractures Martin J. O'Malley, MD, Hospital for Special Surgery	
2:20 pm – 2:28 pm	Rebuttal / Discussion & Audience Q&A	3:53 pm – 4:05 pm	Debate #1: Lisfranc Injuries – Does Everyone Need a	
2:28 pm – 2:36 pm	Failure to Prioritize Your Practice  Joseph A. Bosco III, MD, NYU Langone Orthopedic  Hospital		Fusion? Pro: Peter Mangone, MD, Advent Health	
2:36 pm – 2:44 pm	Panel Discussion John G. Heller, MD, Emory Orthopaedics & Spine Center Frank Pedlow, MD, Massachusetts General Hospital	4:05 pm – 4:07 pm	Con: Steven Haddad, MD, Illinois Bone & Joint Institute Rebuttal/Discussion	
2:44 pm – 2:45 pm	Final Comments	4:07 pm – 4:19 pm	Debate #2: IT Fractures – IMN or DHS?	
Concurrent Symposium 3B – Controversies in Sports Medicine: What Does the Evidence Say?  Moderator: Mark D. Miller, MD, University of Virginia & Mark Lemos, MD, Lahey		4.07 pm = 4.19 pm	IMN Richard S. Yoon, MD, RWJ / Barnabas Health	
Medical Center 2:00 pm – 2:08 pm	Primary ACL Repair		<b>DHS</b> David Wellman, MD, Westchester Medical Center	
	Thomas LaPorta, MD, Advanced Orthopedics & Sports	4:19 pm – 4:21 pm	Rebuttal / Discussion	
2:08 pm – 2:16 pm	Medicine of SWFL  ACL Reconstruction: When to Add ALL	4:21 pm – 4:33 pm	Debate #3: Periprosthetic Distal Femur Fractures – Fix or Replace?	
2:16 pm – 2:24 pm	Kevin F. Bonner, MD, Jordan-Young Institute  The Biceps Tendon: Tenodesis vs. Tenotomy		<b>Fix</b> Lisa K. Cannada, MD, Novant Health	
2:24 pm – 2:32 pm	Spero Karas, MD, Emory University  First Time Dislocation: Give Them a Sling or an Operation  Xinning Li, MD, Ryan Center for Sports Medicine		<b>Replace</b> Elizabeth B. Gausden, MD, MPH, Hospital for Special Surgery	
2:32 pm – 2:45 pm	Discussion & Final Comments	4:33 pm – 4:35 pm	Rebuttal / Discussion	
2:45 pm – 3:15 pm	BREAK – Visit Exhibits	4:35 pm – 4:47 pm	Debate #4: 3/4 Part Proximal Humerus Fracture –	
General Session 5 – NJ			ORIF	
3:15 pm – 3:45 pm	Managing Your Wellbeing as an Orthopaedic Surgeon: Systems-Level Interventions to Mitigate Drivers of		Pro: ORIF Frank Liporace, MD, Jersey City Medical Center Pro: RTSA	
	Burnout Alfred Atanda, MD, Nemours Children's Health		Joseph A. Abboud, MD, Rothman Orthopaedic Institute	
	m 4A – The Role of Private Equity in Orthopaedics	4:47 pm – 4:49 pm	Rebuttal / Discussion	
Moderators: Adam J. Rana, MD, Maine Medical Center & David S. Zelouf, MD, Philadelphia Hand to Shoulder Center		4:49 pm – 4:57 pm	Commentary #2: Newer Thoughts on Clavicle Fractures David Wellman, MD, Westchester Medical Center	
3:45 pm – 3:53 pm	We Partnered with PE, Here's How It's Going Jeffrey H. Richmond, MD, Orthopaedic Associates of Manhasset	Panel Discussion & Aud		
3:53 pm – 4:01 pm	The MSO to Help Provide the Power of Scale Scott A. Sigman, MD, OSA Orthopaedics	· ·	zabeth B. Gausden, MD, Hospital for Special Surgery  Panel:	
4:01 pm – 4:09 pm	Monetizing Your Practice Dana Jacoby, Vector Medical Group	1.57 pm 3.00 pm	Steven Haddad, MD, Illinois Bone & Joint Institute John D. Kelly IV, MD, University of Pennsylvania	
4:09 pm – 4:17 pm	From the Point of View of the PE Partner Chris Fusco, CEO, Spire Orthopaedic Partners		Frank Liporace, MD, Jersey City Medical Center Peter Mangone, MD, Advent Health Martin J. O'Malley, MD, Hospital for Special Surgery	
4:17 pm – 4:25 pm	The Value of Scale and Aggregation in Private Practice David Jevsevar, MD, Ortho Virginia	5:00 pm – 6:00 pm	Richard S. Yoon, MD, RWJ / Barnabas Health  Scientific E-Poster Session (Presenters will be	
4:25 pm – 4:33 pm	How Third Parties May Help Make the Transition to VBC Michael P. Bolognesi, MD, Duke Orthopaedics	5:00 pm – 6:00 pm	available to answer questions)	
Audience Participation: Discussion & Final Thoughts  Moderators: Adam Rana, MD, Maine Medical Center & David S. Zelouf, MD,  Philadelphia Hand to Shoulder Center		3.00 μm = 0.00 μm	*CME Credit Not Available	

## Scientific Program | Friday, October 27 Presenters, dates and times are subject to change.

5:30 am – 6:30 am	<b>Scientific E-Poster Session</b> (Presenters will be available to answer questions)	10:06 am – 10:12 am	The Ulnar Nerve at the Wrist or the Elbow Daniel Osei, MD, Hospital for Special Surgery	
6:30 am – 6:35 am	m – 6:35 am  Announcements  Michael P. Ast, MD, MD, Program Chair		Distal Radius Fractures: When to Go from the Front of the Back	
General Session 6 – Award Abstract Presentations  Moderators: John P. McConnell, MD, OrthoVirginia & Lee R. Leddy, MD, Medical University of South Carolina		10:18 am – 10:24 am	Jorge L. Orbay, MD, Miami Bone & Joint Institute  Total Elbow Arthroplasty in 2023  Michael L. Kessler, MD, MedStar Georgetown University	
6:35 am – 7:30 am	Resident Paper Presentations	40.24	Hospital	
7:30 am – 8:00 am	Focused Breakfast Presentation	10:24 am – 10:30 am	Q&A	
*CME Credit Not Available  Symposium 5: What's New: Quick Updates in the Subspecialty Worlds of Orthopaedics Part 1  Moderators: Michael P. Ast, MD, Hospital for Special Surgery & Neil P. Sheth, MD, University of Pennsylvania		Concurrent Symposium 6B – Innovations in Knee Arthroplasty Moderators: William A. Jiranek, MD, FACS, Duke University & Arjun Saxena, MD, MBA Rothman Orthopaedic Institute		
		10:00 am – 10:06 am	The Science of Swelling Andrew B. Wickline, MD, Genesee Orthopedics & Plastic	
8:00 am – 8:10 am	Biologics Brian T. Samuelsen, MD, MBA, Lahey Health	10:06 am – 10:12 am	Surgery Associates PC  The Smart Implant Fred D. Cushner, MD, Hospital for Special Surgery	
8:10 am – 8:20 am 8:20 am – 8:30 am	Hand & Wrist David S. Zelouf, MD, Philadelphia Hand to Shoulder Center Trauma	10:12 am – 10:18 am	Cementless Knee Arthroplasty H. Del Schutte Jr., MD, Charleston Institute for Advancec Orthopedics	
8:30 am – 8:40 am	Lisa K. Cannada, MD, Novant Health  Sports Knee	10:18 am – 10:24 am	Robotics for Primary and Revision Knee Arthroplasty Thorsten M. Seyler, MD, PhD, Duke University	
0.30 am = 0.40 am	Nick Sgaglione, MD, Northwell Health Orthopaedics	10:24 am – 10:30 am	Q&A	
8:40 am – 8:50 am	Spine Marc J. Levine, MD, RWJ / Barnabas Rutgers Health Care	10:30 am – 10:35 am	EOA Humanitarian & Outstanding Service Award Presentation	
8:50 am – 9:00 am	System Shoulder & Elbow	General Session 7 – EOEF Presidential Guest Speaker  Moderator: Kevin D. Plancher, MD, MPH, Albert Einstein College of Medicine		
0.00	Richard J. Friedman, MD, Medical University of South Carolina	10:35 am – 10:38 am	Introduction of the EOEF Presidential Guest Speaker Kevin D. Plancher, MD, MPH, Albert Einstein College of	
9:00 am – 9:30 am	BREAK - Visit Exhibits		Medicine	
Orthopaedics Part 2	ew: Quick Updates in the Subspecialty Worlds of sler, MD, MedStar Georgetown University Hospital & Bruce	10:38 am – 11:25 am	What Great Coaches Taught Me About Leadership Bill Walton	
A. Monaghan, MD, Premier		11:25 am – 11:45 am	Break – Visit Exhibits	
9:30 am – 9:40 am  Foot & Ankle  MaCalus V. Hogan, MD, MBA, University of Pittsburgh  Medical Center		Symposium 7 – Evolving Techniques & Innovations in Sports Medicine & Trauma Moderators: Nick Sgaglione, MD, Northwell Health Orthopaedics & David W. Romness, MD, OrthoVirginia		
9:40 am – 9:50 am	Hip & Knee Arthroplasty David J. Mayman, MD, Hospital for Special Surgery	11:45 am – 11:51 am	Bridge Enhanced ACL Restoration Sean McMillan, DO, Virtua Health Systems	
9:50 am – 10:00 am	Basic Science & Oncology Adam Levin, MD, Johns Hopkins University	11:51 am – 11:57 am	Meniscus Implants, Scaffolds and Transplants Daniel B. F. Saris, MD, PhD, Mayo Clinic	
Concurrent Symposium 6A – Innovations in Hand & Elbow Surgery  Moderators: David S. Zelouf, MD, Philadelphia Hand to Shoulder Center & Bruce  Monaghan, MD, Premier Orthopaedic Associates		11:57 am – 12:03 pm	The Nail-Plate Combination Frank Liporace, MD, Jersey City Medical Center	
		12:03 pm – 12:33 pm	Focused Lunch Presentation *CME Credit Not Available	
10:00 am – 10:06 am	Metacarpal Fractures Susanne M. Roberts, MD, Columbia University	12:35 pm – 1:35 pm	*CME Credit Not Available  Scientific E-Poster Session (Presenters will be available to answer questions)	

## SCIENTIFIC Program | Saturday, October 28 Presenters, dates and times are subject to change.

6:00 am – 7:00 am	<b>Scientific E-Poster Session</b> (Presenters will be available to answer questions)	7:15 am – 7:25 am	The Importance of Mentorship Michael P. Bolognesi, MD, Duke University	
6:30 am – 9:00 am	Chairs & Program Directors Meeting (Invitation Only)	7:25 am – 7:35 am	Keys to a True Wellness Initiative Steve Forti, RN, Chief Wellness & Resiliency Officer,	
6:45 am – 7:00 am	Second Business Meeting		Hospital for Special Surgery	
7:00 am – 7:05 am	Program & Morning Announcements Michael P. Ast, MD, Program Chair	Concurrent Symposium 9A – Elbow Moderators: John D. Lubahn, MD, Hand, Microsurgery & Reconstructive Orthopaedics,		

## Symposium 8 - Burnout, Diversity & Wellness

7:05 am – 7:15 am How to Avoid Burnout

John D. Kelly IV, MD, University of Pennsylvania

for Special Surgery 7:35 am – 7:40 am Lateral Epicondylitis & Biologics

Henry A. Backe Jr., MD, Orthopaedic Specialty Group

LLP, Henry A. Backe Jr., MD, Orthopaedic Specialty Group & Daniel Osei, MD, Hospital

## Scientific Program | Saturday, October 28 Presenters, dates and times are subject to change.

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7:40 am – 7:45 am	The Unstable Elbow: My Tricks for Success Jorge L. Orbay, MD, Miami Bone & Joint Institute	10:10 am – 10:20 am	Billing and Coding: Tips and Tricks for Success Richard S. Yoon, MD, RWJ / Barnabas Health	
7:45 am – 7:50 am	245 am – 7:50 am  UCL  Srinath Kamineni, MD, University of Kentucky  Discussion with Case Panel		Understanding the Value in Your Practice Alexander R. Vaccaro, MD, PhD, MBA, Rothman Orthopaedic Institute	
Discussion with Case Panel	Moderators: John D. Lubahn, MD, Hand, Microsurgery & Reconstructive Orthopaedics, LLP & Daniel Osei, MD,	10:30 am – 10:40 am	Gainsharing: What's New for the Hospital-Employed Physician?	
7.50 0.05	Hospital for Special Surgery		Joseph A. Bosco III, MD, NYU Langone Orthopedic Hospital	
7:50 am – 8:05 am	Panel: Henry A. Backe Jr., MD, Orthopaedic Specialty Group Srinath Kamineni, MD, University of Kentucky Jorge L. Orbay, MD, Miami Bone & Joint Institute	Symposium 11 – The Transition to Outpatient Orthopaedic Surgery Moderators: Michael P. Ast, MD, Hospital for Special Surgery & Neil P. Sheth, MD, University of Pennsylvania		
Concurrent Symposium 9B – Innovation in Hip Arthroplasty  Moderators: Neil P. Sheth, MD, University of Pennsylvania & Javad Parvizi, MD, FRCS,		10:40 am – 10:50 am	Spine Surgery in the ASC: ACDFs, Multilevel Fusions, et Sheeraz Qureshi, MD, Hospital for Special Surgery	
Rothman Orthopaedic Institut 7:35 am – 7:40 am	The 1 Stage Revision Arthroplasty for Infection	10:50 am – 11:00 am	Preparing for Primary Arthroplasty in the ASC Adolph V. Lombardi, MD, JIS Orthopedics	
	F. Johannes Plate, MD, PhD, University of Pittsburgh Medical Center	11:00 am – 11:10 am	How about Revision Hip and Knee Replacement in the ASC?	
7:40 am – 7:45 am	Updates in Periprosthetic Femur Fracture Elizabeth B. Gausden, MD, MPH, Hospital for Special		Coleman D. Fowble, MD, Midlands Orthopaedics & Neurosurgery	
7:45 am – 7:50 am	Surgery  Dealing with Unusual Femoral Anatomy: Lots of Stem	11:10 am – 11:20 am	Can We Do Trauma in the ASC? Lisa K. Cannada, MD, Novant Health	
	Choice Options  Jason L. Blevins, MD, Hospital for Special Surgery	General Session 8 – Howard Steel Lecturer  Moderator: Kevin D. Plancher, MD, MPH, Albert Einstein College of Medicine		
<b>Discussion with Case Panel</b> Moderators: Neil P. Sheth, MD, University of Pennsylvania & Javad Parvizi, MD, FRCS, Rothman Orthopaedic Institute		11:20 am – 11:25 am	Introduction of the Howard Steel Lecturer Kevin D. Plancher, MD, MPH, Albert Einstein College of Medicine	
7:50 am – 8:05 am	Panel: Jason L. Blevins, MD, Hospital for Special Surgery Elizabeth B. Gausden, MD, MPH, Hospital for Special	11:25 am – 12:10 pm	Between a Rock and a Hard Place: Turning Adversity to Advantage Aron Ralston	
	Surgery F. Johannes Plate, MD, University of Pittsburgh Medical Center	12:10 pm – 12:40 pm	Focused Lunch Presentation *CME Credit Not Available	
Concurrent Symposium 9C – Foot & Ankle		12:40 pm – 1:10 pm	Break - Visit Exhibits & Ice Cream Social	
Moderator: Sameh A. Labib, N	ИD, Emory University	1:10 pm – 1:55 pm	Rapid Fire Session 4A – 4G	
7:35 am – 7:40 am	TBD Selene Parekh, MD, MBA, Rothman Orthopaedic	Symposium 12 - Challenging Problems in Joint Replacement Moderators: Adolph V. Lombardi, MD, JIS Orthopedics		
7:40 am – 7:45 am	Institute TBD Kenneth J. Hunt, MD, University of Colorado	2:00 pm – 2:10 pm	Infected THR or TKR? The Role of DAIR P. Maxwell Courtney, MD, Rothman Orthopaedic Institute	
7:45 am – 7:50 am	TBD Martin J. O'Malley, MD, Hospital for Special Surgery	2:10 pm – 2:20 pm	Infected THR or TKR: 1 vs. 2-Stage – How I Decide David J. Mayman, MD, Hospital for Special Surgery	
7:50 am – 8:05 am Discussion with Case Panel		2:20 pm – 2:30 pm	Hip Instability: Workup and Treatment Peter Sculco, MD, Hospital for Special Surgery	
Concurrent Symposium 9D – Hip Preservation  Moderators: Anil S. Ranawat, MD, Hospital for Special Surgery & Richard M. Wilk, MD,  Brigham & Women's Hospital		2:30 pm – 2:40 pm	Extensor Mechanism Complications Brian P. Chalmers, MD, Hospital for Special Surgery	
7:35 am – 7:40 am	Biologics & Hip Preservation Brian T. Samuelsen, MD, MBA, Lahey Health	Panel Discussion, Audience Q&A  Moderators: Adolph V. Lombardi, MD, JIS Orthopedics		
7:40 am – 7:45 am	Hamstring, Ischiofemoral Impingement, Piriformis etc. Pushing the Envelope John D. Kelly IV, MD, University of Pennsylvania	2:40 pm – 3:10 pm	Panel: Brian P. Chalmers, MD, Hospital for Special Surgery P. Maxwell Courtney, MD, Rothman Orthopaedic	
7:45 am – 7:50 am	Treatment of Gluteus Medius and Minimus Tears Richard M. Wilk, MD, Brigham & Women's Hospital		Institute Elizabeth B. Gausden, MD, MPH, Hospital for Special	
7:50 am – 8:05 am	Discussion with Case Panel		Surgery Peter Sculco, MD, Hospital for Special Surgery	
8:05 am – 8:35 am	Focused Breakfast Presentation *CME Credit Not Available	3:10 pm – 3:55 pm	Visit Exhibits & Ice Cream Social	
8:40 am – 9:25 am <b>Rapid Fire Session 3A – 3F</b>		EOA Resident Course Co-hosted with the Foundation for Physician Advancement		
9:25 am – 10:10 am	BREAK – Visit Exhibits	3:10 pm – 5:10 pm	Resident / Fellow Primer for the Transition to	
Symposium 10 – The Busine	ess of Medicine ardi MD, IS Orthonedics & Alexander R, Vaccaro, MD	3.10 pm 3.10 pm	Practice	

Moderators: Adolph V. Lombardi, MD, JIS Orthopedics & Alexander R. Vaccaro, MD,

PhD, MBA, Rothman Orthopaedic Institute

## Wednesday, October 25

9:00 am - 10:00 am **EOEF Meeting** 

10:00 am - 11:00 am **President's Council Meeting** 12:00 pm - 5:00 pm **Board of Directors Meeting** 

12:00 pm - 5:00 pm **Exhibit Setup** 

12:00 pm - 5:00 pm **Meeting Registration** 

2:00 pm - 3:00 pm **Social Committee Meeting** 



## **Thursday, October 26**

6:00 am - 5:00 pm **Speaker Ready Area** 6:00 am - 5:00 pm **Meeting Registration** 

6:30 am - 5:00 pm Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing

6:30 am - 6:45 am **First Business Meeting** 

7:34 am - 8:04 am Focused Breakfast Presentation \*CME Credit Not Available

Price: Included in Registration Fee

8:00 am **Early Bird Walk** 

8:30 am - 10:00 am **Spouse/Guest & Child Hospitality** 

Enjoy a continental breakfast with old friends and new.

Price: Free for Registered Guests and Children or \$40 per Adult / \$20 per Child (5-17 years old)

10:00 am – 12:30 pm Walk & Talk Tour of Charleston

> Meet the "Lid Lady at the Hat Man" for a 90-minute walking tour of Charleston. She'll tell stories of the city's historic characters (and historic gossip) as you're immersed in the architectural fabric of the historic district. Charleston has a number of very uneven cobblestone streets and sidewalks, so remember to wear comfortable shoes and clothing!

Price: \$35 per person (Min 6 / max 40)

12:20 pm - 1:05 pm Focused Lunch Presentation \*CME Credit Not Available

Price: Included in Registration Fee

6:00 pm - 7:00 pm **New Member Reception** 

All new EOA Members are invited to attend this reception, where the EOA Board and Committee Members would like to welcome

you to the organization. Attire: Smart Casual

Price: Included in Registration Fee

7:00 pm - 9:30 pm **Welcome Dinner** 

Have a wonderful evening with family and friends, while enjoying delicious food and drinks.

Attire: Smart Casual

Price: Included in Registration Fee / \$100 Unregistered Adult Guest / \$50 Unregistered Child

## Friday, October 27

5:30 am - 12:35 pm **Speaker Ready Area** 6:00 am - 12:35 pm **Meeting Registration** 

6:30 am - 12:35 pm Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing

7:30 am - 8:00 am Focused Breakfast Presentation \*CME Credit Not Available

Price: Included in Registration Fee

8:00 am **Early Bird Walk** 

8:30 am - 10:00 am **Spouse/Guest & Child Continental Breakfast** 

Enjoy a continental breakfast with old friends and new.

Price: Free for Registered Guests and Children or \$40 per Adult / \$20 per Child (5-17

vears old)





11:00 am - 1:30 pm

**Charleston Food Tour** 

Walk, talk, and taste your way through Charleston! The tasting tours introduce you to Lowcountry cuisine and many great seafood finds. Go behind the scenes and visit with chefs, bakers, culinary experts and specialty shops. Charleston has a number of very uneven cobblestone streets and sidewalks. Please wear comfortable shoes and clothing.

Price: \$93 per person (Min 20 / max 40 participants)

12:03 pm – 12:33 pm

Focused Lunch Presentation \*CME Credit Not Available

Price: Included in Registration Fee

1:00 pm – 5:30 pm **Golf Tournament at Wild Dunes** (1:00 pm Tee Time)

Located on the northeast tip of the Isle of Palms, Wild Dunes Resort is a unique barrier island getaway located 35 minutes from downtown Charleston. Designed by Tom Fazio, both courses offer challenging play. The Harbor Course is known for its challenging design and beautiful views, and most of all, water. From lagoons and salt marshes to the Intracoastal Waterway, this varied golf course will test all aspects of your game. The tournament will be a 1:00 pm shotgun start with scramble format.

Price: \$250 per person (Includes transportation, greens fees, beverage cart and prizes)

2:30 pm - 4:30 pm

**Fort Sumter Tour** 

Visit Historic Fort Sumter, where the Civil War began. You'll depart from Liberty Square in Downtown Charleston and enjoy a relaxing, 30-minute narrated ferry to the grounds of Fort Sumter. You'll pass by the Arthur Ravenel Jr. Bridge, take in the sights of Charleston's stately Rainbow Row and Battery homes, and learn about the events leading to the outbreak of the Civil War. When you arrive, you'll be greeted by National Park Service Rangers, sharing details about Fort Sumter and its pivotal role in the America's most infamous conflict. After a one-hour self-guided tour, enjoy the panoramic views of the city as you ride the ferry back to Charleston.

Price: \$32.50 per person (Min 15 / max 60 participants)

5:30 pm – 7:30 pm

**Exhibitor Reception** 

Before you go to dinner, start your evening off with drinks and lite fare with EOA.

Attire: Business Casual

Price: Free for Registered Guests or \$75 per Adult

5:30 pm – 7:30 pm

Kids' Movie Party with Arts & Crafts

While parents are at the Exhibitor Reception, kids are invited to enjoy dinner, crafts and a movie with friends. (Children younger than 5 must be accompanied by an adult. This is not considered a babysitting service, and is provided only for parents attending the Exhibitor Reception.)

Price: Free for Registered Children or \$30 per Unregistered Child

Saturday, October 28

6:00 am – 3:55 pm Speaker Ready Area

6:30 am – 3:55 pm Meeting Registration

6:45 am – 3:55 pm Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing

6:45 am – 7:00 am Second Business Meeting

8:00 am Early Bird Walk

8:05 am – 8:35 am Focused Breakfast Presentation \*CME Credit Not Available

Price: Included in Registration Fee

8:30 am – 10:00 am Spouse/Guest & Child Hospitality with Book Discussion

Enjoy a continental breakfast with old friends and new, then participate in a book discussion of <u>Between a Rock and a Hard Place</u> by our Howard Steel Lecturer, Aron Ralston - the man who experienced the true story behind the film *127 Hours*. Mr. Ralston's story is nothing short of amazing, having carved his own epitaph before amputating his own arm to escape entrapment in a Utah

canyon. Following the presentation at 10am, learn and play Mah Jong!

Price: Free for Registered Guests and Children or \$40 per Adult / \$20 per Child (5-17 years old)

11:00 am – 12:00 pm Old Exchange & Provost Dungeon Tour

Completed in 1771, the Old Exchange Building is a Charleston landmark and the site of some of the most important events in South Carolina history. Over the last two and a half centuries, the building has been a commercial exchange, custom house, post office, city hall, military headquarters, and museum.

Price: \$6 per person (Min 25 / max 50 participants)

12:10 pm – 12:40 pm Focused Lunch Presentation \*CME Credit Not Available

Price: Included in Registration Fee





2:00 pm - 3:00 pm **Historic Charleston Carriage Tour** 

> Take a private EOA guided tour in a traditional horse-drawn carriage through historic downtown Charleston. Listen to live commentary about the city as you pass by the Charleston Harbor, Rainbow Row, King Street, White Point Gardens, and Charleston

Battery.

Price: \$60 per person (Min 12 participants)

3:10 pm - 5:10 pm **OITE Orthopaedic Review Course** 

5:10 pm - 5:45 pm **OITE Orthopaedic Review Course Reception** 

All Residents are invited to attend this reception, where the EOA Board and Committee

Members would like to welcome you to the Meeting.

Attire: Smart Casual

Price: Included in Registration Fee

6:15 pm - 11:15 pm **Jazz Reception & Founders Dinner Dance** 

> You're in for an exciting night, beginning with music from none other than our own EOA Jazz Band. Join us for a fabulous dinner and drinks, with entertainment from Josh Beckerman, the Foodie Magician - a professional entertainer who intertwines magic,

mentalism and comedy - followed by an evening of dancing with your friends and colleagues!

**Attire: Black Tie Optional** 

Price: Included in Registration Fee / \$150 per unregistered adult quest and \$75 surcharge per child (5-17 years)

6:15 pm - 11:15 pm Kids' Movie Party with Arts & Crafts

> While parents are at the Jazz Reception and Founders Dinner Dance, kids are invited to enjoy dinner, crafts and a movie with friends. (Children younger than 5 must be accompanied by an adult. This is not considered a babysitting service and is provided

only for parents attending the Jazz Reception & Founders Dinner.)

Price: Included in Registration Fee / \$25 per unregistered child (5-17 years)



## Saturday Evening Entertainment (Black Tie Optional) Josh Beckerman, The Foodie Magician

Start the evening with drinks and tunes from our very own EOA Jazz Band. Then, prepare to be wowed at the Founders Dinner by Josh Beckerman, The Foodie Magician! He was nationally recognized on the Today Show and is a one of a kind celebrity personality who has paved his own unique lane in the culinary industry, combining magic and entertainment to create a memorable performance.



Scan to see him on Live with Kelly and Ryan

## **Hotel & Travel Information**

## The Charleston Place

An independent, iconic landmark in the heart of Charleston's historic district. Captivating the hearts and imaginations of a new generation. Redefining the legendary service, experiences — and city — with renewed passion, purpose, and intention. Through sumptuous accommodations, delicious food and drink, shopping, restorative wellness services, and warm, generous hospitality,





## **Hotel Room Pricing for October 25-28, 2023**

Discounted room rate deadline: September 27, 2023

Scan the code to the left to book online or call the Charleston Place at 800-831-3490 and mention you are attending the EOA Annual Meeting. Space is limited, so make your reservation early!

**Room Rates** 

Deluxe Room - \$325 | Premier Room - \$400

### **Travel Information**

Charleston International (CHS) is the primary airport. Valet parking is \$45 per night. The hotel has three electric car stations: two Tesla and one universal. A City of Charleston parking garage is located adjacent to the hotel, accessible from the hotel's Meeting and Hasell Street entrances. Airport shuttle van (will stop at other hotels, not run by The Charleston Place): \$14 per person | Reservations: 1-800-611-5545

## **NCOA Hotel**

**Great rate for NCOA** Members, Residents, Students & Exhibitors!

## **Francis Marion Hotel**

387 King St

Charleston, SC 29403 \$269 per night

Scan the code below to book online or call **843-722-0600** and mention you are attending the EOA Annual Meeting.







## Annual Meeting Registration Form Eastern Orthopaedic Association's 54th Annual Meeting

October 25-28, 2023  $\diamond$  The Charleston Place  $\diamond$  Charleston, SC www.eoa-assn.org  $\diamond$  Phone: 866-362-1409  $\diamond$  Fax: 410-494-0515

Name Degree				Sub-Specialty			
Compa	any/Institution				Department		
Addres	555	<del> </del>		City	State	ZIP	
Office	Phone	Eı	mail Address				
	ian/Allied Health Registration Fee Inside Sia, Continental Breakfasts, Workshops,			Qty	Tours/Activities		Fee
the Fou	unders' Reception & Dinner.				Walk & Talk Tour of Charleston - Thu 10/26 (\$35)	)	
-	e/Guest Registration Fee Includes: Sp turday mornings, Welcome Dinner, Exh				Food Tour - Fri 10/27 (\$93)		
	<b>Registration Fee Includes:</b> Spouse/Gu	uest/Child Hospital	ity on Thursday, Friday and		Golf Tournament - Fri 10/27 (\$250)		+
	ay mornings, Welcome Dinner, and the				Fort Sumter Tour - Fri 10/27 (\$32.50)		
Otro	Danistanut Catana		For a		Old Exhange & Provost Dungeon - Sat 10/28 (\$6)		
Qty	Registrant Catego	ry	Fee		Historic Charleston Carriage Tour - Sat 10/28 (\$6	0)	
	New 2023 EOA Member		FREE				
	EOA Member Physician		\$875		complete the section below for <b>UNREGISTERED</b> on who wish to attend the events.	spouses, gu	uests and
	DSOA/NCOA/NJOS Member		\$875		e events are already included for <b>registered</b> spous	es, guests a	ınd childre
	Moderator/Presenter		\$875	Qty	Unregistered Guest Events		Fee
	Non Member Physician		\$1,275	Qty			100
	Emeritus Member Active Military		\$400 \$200		Spouse/Guest/Child Hospitality - Adult (\$40) Th		
	Allied Health Professional		\$300		Spouse/Guest/Child Hospitality - Child 5-17 (\$2	0) Thu	
	Resident/Fellow		\$150		Welcome Dinner - Adult (\$100) Thu		
	Medical Student		\$150		Welcome Dinner - Child 5-17 (\$50) Thu		
	Wedled Stadent		<b>\$130</b>		Spouse/Guest/Child Hospitality - Adult (\$40) Fri		
Qty	Guest Category		Fee		Spouse/Guest/Child Hospitality - Child 5-17 (\$2	0) Fri	
	EOA/NJOS Member Spouse		No charge		Exhibitor Reception - Adult (\$75) Fri		
	Additional EOA/NJOS Membe	r Guests (18+)	\$225		Kids' Movie Night with Arts & Crafts (\$30) Fri		
	Nonmember Spouse/Guest (1		\$225		Spouse/Guest/Child Hospitality - Adult (\$40) Sa		
	Child(ren) 5-17 years	,	\$35		Spouse/Guest/Child Hospitality - Child 5-17 (\$2	0) Sat	
	Child(ren) under 5 years		No Charge		Kids' Movie Night with Arts & Crafts (\$30) Sat		
	•	<del>!</del>			Founders' Dinner - Adult (\$150) Sat		
	e provide the information below le their name badges in your re	•			Founders' Dinner - CHILD SURCHARGE (\$75) Sa	t	
will red	ceive a wristband.)						
					Physician/Allied Health Regist		
Spouse	/Guest Name	City	State		Guest Registr		
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Spouse	/Guest Email Address for Meeting Und			◊ Cha	rge my:	Express	
Spouse/Guest Email Address for Meeting Updates  CANCELLATION POLICY: Full refund (less \$50 administrative fee) will be granted if a cancellation is made price		granted if a cancellation is made prior		ard Number	Expiration Date	te CVV	
to 10 bu	usiness days before the meeting date; a 50% eting date. No refund will be granted within	6 refund if canceled b	etween 5 and 10 business days before		n Card		
Tour/A	ctivity Ticket Cancellation Policy: Full re	fund will be granted	if a cancellation is made prior to 30		ddress		
	s days before the meeting date. No refund Il attempt to sell unwanted tickets on a fi	-		D.III. C	ity	State	ZIP

unwanted ticket, you will receive a full refund of the ticket cost. EOA reserves the right to cancel an activity if the

minimum number of participants has not purchased tickets prior to 30 business days before the meeting date.

- ♦ I would like to opt out of receiving promotional emails.
- ♦ Do not share my information with third party vendors.

